

Angus Productions Inc.'s coverage of the



Outstanding CattleWoman of the Year Named

News release provided by the American National CattleWomen Inc.

Through classroom presentations, Vicky Fick reached more than 1,900 students in 13 different schools in just a single year.

DENVER, CO (Feb. 9, 2006) — Vicky Fick of Lake City, Minn., was named the 2005 Outstanding CattleWoman of the Year by the American National CattleWomen Inc. (ANCW) during the organization's awards banquet in Denver. Bayer Corp. sponsored the award, which is given to a cattlemaster who has excelled at continued beef promotion on the local, state and national level, while contributing dedication, commitment and support to the ANCW.

Fick is an active member of the Minnesota CattleWomen and the ANCW, having served both organizations in various leadership positions. She chaired the Beef Cook-Off program in Minnesota for eight years, during which time she led the program through changes initiated at the national level, while still maintaining a strong and vital contest at the state level.

A great promoter of beef, Fick has appeared at many health fairs, promoting healthy eating and beef's role in a healthy diet. Her strongest passion is for beef education. While she has been a classroom presenter for more than 15 years, she reached more than 1,900 students in 13

different schools in just a single year. In addition to classroom presentations, she is a certified trainer for the Food, Land and People program, and conducts workshops for teachers using this curriculum.

As a board member for Minnesota Ag in the Classroom, Fick was instrumental in successfully securing state funding for the program when it was in danger of being cut due to budget constraints.

She served on the Minnesota Beef Council from 1984 to 2003, and was the secretary from 1987 to 2003. She is highly respected by past and present council members for her professionalism, problem-solving, communication and team-building skills. She served two terms on the Cattlemen's Beef Promotion and Research Board (CBB), and was elected to the Executive Committee and the Operating Committee.

Fick and her husband, Emery, operate a medium-sized family farm in southeastern Minnesota, where they raise crops and commercial beef cattle. They have initiated a number of conservation practices to help preserve and enhance their land.



Editor's Note This release is adapted from a news release distributed by the National Cattlemen's Beef Association on behalf of the American National CattleWomen Inc. For the original release, go to www.beefusa.org. For more information about the organization, go to www.ancw.org.